

ROCSTAR KIDZ

MISSION CARD PART FOUR

JASMINE MISSION LEADER

Hey ROCstar!

You just finished **Part Four**! Now it's time to take everything you've learned and put it into action in your **COMMUNITY**.

Complete all three missions below. When you're done, you'll be one step closer to living like a ROCstar!

COMMUNITY

LIVE LIKE A ROCSTAR IN YOUR COMMUNITY

SERVE

LOOK FOR WAYS TO HELP

Serving means you notice needs around you and choose to help your community with kindness, effort, and a great attitude.

YOUR MISSION:

- ☐ Look around your community for a need you can notice.
- ☐ Choose one way to help someone this week.
- ☐ Serve with a good attitude and without needing attention.

IDEAS:

- Pick up litter at a park or sidewalk
- Hold the door open for people
- Help carry groceries or supplies
- Write a thank-you note to a community helper
- Help at church, school, or a local event

SOLVE

BE PART OF THE SOLUTION

Solving means you don't just talk about problems in your community — you think, care, and take a step to help make things better.

YOUR MISSION:

- ☐ Notice a small problem in your community.
- ☐ Think of one helpful way you can respond.
- ☐ Take one positive step toward the solution.

IDEAS:

- Help clean up a messy area
- Include someone who seems left out
- Use kind words to calm a tense moment
- Offer help instead of just watching
- Ask, "How can I help?"

BOUNCE

KEEP GOING, EVEN WHEN IT'S HARD

Bouncing back means you keep doing what is right even when helping others feels awkward, hard, or unnoticed. You reset, try again, and keep going.

YOUR MISSION:

- ☐ Think of a time helping others felt hard or uncomfortable.
- ☐ Choose one positive way to try again this time.
- ☐ Keep going, even if nobody notices right away.

IDEAS:

- Try again if your first idea doesn't work
- Be brave and speak kindly to someone new
- Keep helping even when it takes extra effort
- Don't quit if you feel nervous or shy
- Choose the next right thing