

ROCSTAR KIDZ

MISSION CARD PART ONE

Hey ROCstar!

You just finished Part One!
Now it's time to take what
you learned and put it into
action at **HOME**.

Complete all three missions
below. When you're done,
you'll be one step closer to
living like a ROCstar!

RYDER

MISSION LEADER

HOME

**LIVE LIKE A
ROCSTAR
AT HOME**



SERVE

LOOK FOR WAYS TO HELP

Serving means you notice
a need and do something
about it — without being
asked.

YOUR MISSION:

- ☐ Look around your home.
- ☐ Find one way to help
this week.
- ☐ Do it with a good attitude
and without being asked.



IDEAS:

- Set the table
- Help with dishes
- Take care of a younger sibling
- Pick up a mess
- Do a chore without being reminded



SOLVE

BE PART OF THE SOLUTION

Solving means you don't just
see the problem — you think,
pray, and take steps to help
make it better.

YOUR MISSION:

- ☐ Look for a small problem
or tension at home.
- ☐ Think of a way you can help.
- ☐ Take a step to be part
of the solution.



IDEAS:

- Be kind when there's a bad mood
- Apologize and make things right
- Help find a calm solution
- Use good communication
- Ask, "How can I help?"



BOUNCE

KEEP GOING, EVEN WHEN IT'S HARD

Bouncing means you don't give
up when you make a mistake
or things don't go the way
you want. You learn, try again,
and keep a good attitude.

YOUR MISSION:

- ☐ Think of a recent mistake
or tough moment at home.
- ☐ Choose to respond in a
positive way this time.
- ☐ Show that you can bounce
back by trying again.



IDEAS:

- Say you're sorry
- Take a deep breath and reset
- Don't get stuck in a bad mood
- Keep helping, even if it didn't
go well the first time
- Show a good attitude